



SeeWay.

An initiative of **Guide Dogs.**

**Practical and emotional
support to live well with
low vision.**



A loss of some vision needn't mean a loss of connection.

SeeWay is a free national service that provides access to emotional, practical and digital support for Australians living with some vision loss/permanent vision changes, along with their loved ones and carers. SeeWay helps people with low vision stay independent, connected and confident.



“Staying engaged and involved in life is critical. It can be so isolating. Reach out to SeeWay for support: learn new skills, achieve what you want to achieve, and stay in the game of life. It can lead to an absolutely amazing outcome.”

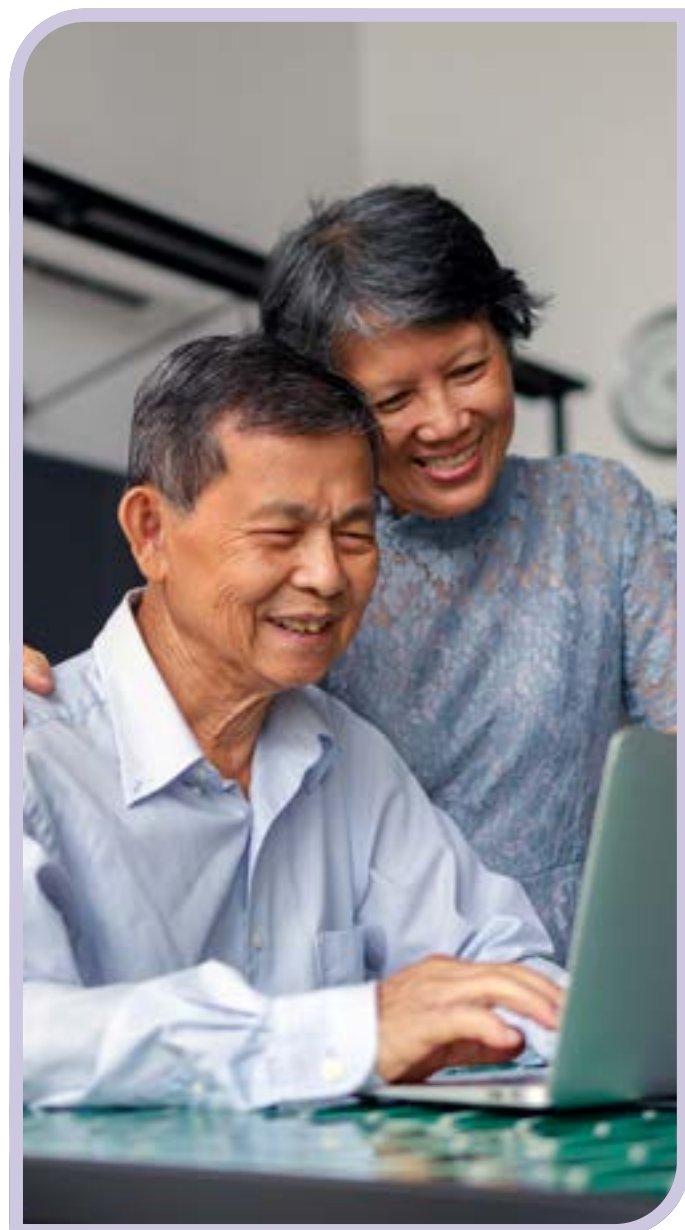
SeeWay Client.



Practical information and resources.



Practical, easy to understand information and resources, thoughtfully tailored to your individual needs to support lifestyle adjustments while navigating some vision loss. SeeWay can also help connect you with other low vision services if they are needed.



Digital skills training.



Learn how to use your smartphone or tablet's built-in accessibility features to stay connected, confident, and independent - making it easier to use your mobile phone, tablet or computer with low vision.

- Stay safe online, avoid scams and protect your privacy.
- Make everyday tasks easier by mastering essential apps like MyGov and online shopping.
- Chat with family and friends through social media and video calling.
- Learn new digital skills in our small group sessions online or view pre-recorded sessions to learn at your own pace and in your own time.



No out-of-pocket cost* counselling.



SeeWay connects you with a professional and confidential counselling service to help navigate the emotional impact of vision changes.

- One-on-one support delivered nationally by our psychology partner onPsych.*
- Open to any Australian with low vision and carers.
- Fully subsidised support with no out-of-pocket costs (GP mental health care plan required).
- Flexible access through telehealth sessions to suit individual needs and reach you anywhere in Australia.



With SeeWay you can access free holistic low vision support to complement the care of your eye care professional.



*Additional one-on-one counselling options for Queensland residents delivered by Guide Dogs Queensland.

Phone:

**1800 SEE WAY
1800 733 929**

Website: seeway.com.au Email: info@seeway.com.au

Scan the QR code to learn more.



 **SeeWay.**
An initiative of **Guide Dogs.**

Your link to what matters most